



### We Need Your Help To Develop A New Class!

We are developing a new exercise class and would like your help to shape it. The exercise intensity will be the same as you would experience in any of our existing classes, but we want to make these sessions more accessible to people who prefer a calmer environment to work out in.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
I would be interested in a lively exercise & fitness class with quieter music					
I would be interested in a class with fewer people and more space					
I prefer the instructor to explain moves and choreography					
I have difficulty managing some exercise movements involving balance					
I have experienced sensory problems in exercise classes (e.g. smells, intrusive noises, difficulty hearing the instructor)					

Tell us what time and day of the week would suit you?

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Any other comments?

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*Places for People Leisure aims to be an all-inclusive provider of sport and physical activity reducing the mental, physical and social barriers to getting active.*

*This new class will be autism-friendly but will be open to all.*

*Thank you for completing our questionnaire*